

NOVEMBER						
Sport	Age Level	Fridays	Saturday	Sundays	Weight Room	
Softball	10U			2:00pm-3:30pm	1:00pm-2:00pm	
Softball	12U			4:00pm-6:00pm	3:00pm-4:00pm	
Softball	14U			4:00pm-6:00pm	3:00pm-4:00pm	
Softball	16U			OFF	OFF	
Softball	18U			OFF	OFF	
Baseball	9U			8:00am-10:00am	10:00am-11:00am	
Baseball	10U			8:00am-10:00am	10:00am-11:00am	
Baseball	11U	5:30pm-7:30pm			7:30pm-8:30pm	
Baseball	12U	5:30pm-7:30pm			7:30pm-8:30pm	
Baseball	13U	7:30pm-9:30pm			6:30pm-7:30pm	
Baseball	14U			10:00am-12:00pm	12:00pm-1:00pm	
Baseball	15U			2:00pm-4:00pm	4:00pm-5:00pm	
Baseball	16U			12:00pm-2:00pm	2:00pm-3:00pm	
Baseball	17U			12:00pm-2:00pm	2:00pm-3:00pm	
1	18U			12:00pm-2:00pm	2:00pm-3:00pm	
Lake Country	11U		2:30pm-4:30pm		1:30pm-2:30pm	
Lake Country	12U		2:30pm-4:30pm		1:30pm-2:30pm	
Lake Country	14U		1:30pm-3:30pm		3:30pm-4:30pm	
DECEMBER						
Sport	Age Level	Fridays	Saturday	Sundays	Weight Room	
Softball	10U			2:00pm-3:30pm	1:00pm-2:00pm	
Softball	12U			4:00pm-6:00pm	3:00pm-4:00pm	
Softball	14U			4:00pm-6:00pm	3:00pm-4:00pm	
Softball	16U			6:00pm-8:00pm	5:00pm-6:00pm	
Softball	18U			6:00pm-8:00pm	5:00pm-6:00pm	
Baseball	9U			8:00am-10:00am	10:00am-11:00am	
Baseball	10U			8:00am-10:00am	10:00am-11:00am	
Baseball	11U	5:30pm-7:30pm			7:30pm-8:30pm	
Baseball	12U	5:30pm-7:30pm			7:30pm-8:30pm	
Baseball	13U	7:30pm-9:30pm			6:30pm-7:30pm	
Baseball	14U			10:00am-12:00pm	12:00pm-1:00pm	
Baseball	15U			2:00pm-4:00pm	4:00pm-5:00pm	
Baseball	16U			12:00pm-2:00pm	2:00pm-3:00pm	
Baseball	17U			12:00pm-2:00pm	2:00pm-3:00pm	
Baseball	18U			12:00pm-2:00pm	2:00pm-3:00pm	
Lake Country	11U		2:30pm-4:30pm		1:30pm-2:30pm	
Lake Country	12U		2:30pm-4:30pm		1:30pm-2:30pm	
Lake Country	14U		1:30pm-3:30pm		3:30pm-4:30pm	
JANUARY/FEBRUARY/MARCH						
Sport	Age Level	Wednesdays	Fridays	Saturday	Sundays	Weight Room
Softball	10U				3:30pm-5:00pm	5:00pm-6:00pm
Softball	12U				5:30pm-7:30pm	4:30pm-5:30pm
Softball	14U				5:30pm-7:30pm	4:30pm-5:30pm
Softball	16U				7:30pm-9:30pm	6:30pm-7:30pm
Softball	18U				7:30pm-9:30pm	6:30pm-7:30pm
Baseball	9U				8:00am-10:00am	10:00am-11:00am
Baseball	10U				8:00am-10:00am	10:00am-11:00am
Baseball	11U		5:30pm-7:30pm		5:30pm-7:30pm	7:30pm-8:30pm
Baseball	12U		5:30pm-7:30pm		5:30pm-7:30pm	7:30pm-8:30pm
Baseball	13U		7:30pm-9:30pm		7:30pm-9:30pm	6:30pm-7:30pm
Baseball	14U				10:00am-12:00pm	12:00pm-1:00pm
Baseball	15U				3:30pm-5:30pm	5:30pm-6:30pm
Baseball	16U				12:00pm-2:00pm	2:00pm-3:00pm
Baseball	17U				12:00pm-2:00pm	2:00pm-3:00pm
Baseball	18U				12:00pm-2:00pm	2:00pm-3:00pm
Pitchers/Catchers	15U-18U	7:30pm-9:30pm			2:00pm-3:30pm	3:30pm-4:30pm
Lake Country	11U			2:30pm-4:30pm		1:30pm-2:30pm
Lake Country	12U			2:30pm-4:30pm		1:30pm-2:30pm
Lake Country	14U			1:30pm-3:30pm		3:30pm-4:30pm